



**BHM** Healthcare  
Solutions  
*Behavioral Health & Medical Review Experts*



## Struggling to find **RESOURCES?**

Approximately 1 in 5 adults in the U.S. experiences *mental illness in a given year.*

**National Institute of Mental Health**

Some of the highest vacancy rates are for psychologists. *National vacancy rate is 21% with a high of 64%.*

**USA TODAY**

Appeals  
Initial Reviews  
Reconsiderations  
Peer-to-Peer Consults





## Behavioral Health Case for Payers

### CONNECTING YOUR ORGANIZATION WITH RESOURCES YOU NEED

At the start of 2014, California's Medicaid program took over management of mental health services from the state's 58 counties. For Inland Empire Health Plan, a Medi-Cal managed-care plan, that meant going from being responsible for behavioral health benefits for 12,000 beneficiaries dually eligible for Medicare and Medicaid to more than a million enrollees.

"Overnight we became responsible for all outpatient mental health services for our entire patient population."

said Peter Currie, a psychologist and clinical director of behavioral health at the plan, based in Rancho Cucamonga.

The Modern Healthcare article continues and focuses on the shortages of providers and their unwillingness to join health plans.

*Medicaid plans struggle to provide mental health services*

By Virgil Dickson | July 4, 2015

[www.modernhealthcare.com/article/20150704/MAGAZINE/307049979](http://www.modernhealthcare.com/article/20150704/MAGAZINE/307049979)



### EXCEEDING EXPECTATIONS

"BHM provides consultation and direct clinical oversight to East Carolina Behavioral Health as a delegated authority for clinical peer review and physician services. We have been extremely satisfied, and value the organization's depth and breadth of knowledge. BHM continues to exceed our expectations."

*Cindy Ehlers, Chief Clinical Officer  
Trillium (formerly ECBH)*

### BHM HEALTHCARE SOLUTIONS

- BEHAVIORAL HEALTH/MEDICAL REVIEWS
- PHYSICIAN ADVISORY REVIEWS
- MEDICAL NECESSITY COMPLIANCE
- PEER-TO-PEER CONSULTS
- FINANCIAL / CLINICAL CONSULTING
- STRATEGIC PLANNING
- ORGANIZATIONAL DEVELOPMENT
- ACCREDITATION / REACCREDITATION

## flexible solutions for your organization's growing needs

### CHALLENGES IN THE NEAR FUTURE

Here is the unasked question. How will payers build their internal behavioral health capacity?

If some health systems struggle with a 50% vacancy rate for defined behavioral health (BH) positions, Payers face even greater pressures for building their BH expertise.

Payers' biggest challenge? Facing an inconsistent influx of complex claims for a growing list of chronic conditions taxing internal, medically-focused capacity.

- When should we hire? Should we hire?
- What specialties do we need?
- What are acceptable reimbursement metrics?
- Which service codes cause the biggest headaches?

### A SOLUTION

BHM Healthcare Solutions face these situations every day, since 2002. We know the concerns and we built systems, processes, and the largest BH network to meet the challenges.



Recognizing the importance for consistency in behavioral health reviews launched BHM.

**It is here where we continue to shine.**

Visit [bhmpc.com/contact-us](http://bhmpc.com/contact-us)

# Risk

*Over 500 practicing clinicians, in the full-spectrum of sub-specialties...*

*...draw on a working knowledge treatment criteria.*

*Our network's experience, as active clinicians...*

*...raises first-pass accuracy.*

*We meet your precise needs for TAT...*

*...putting you in control of expenses.*



### CUSTOMER-CENTRIC

"Our organization has been very satisfied with BHM IRO services.

The BHM team has done an excellent job and provided solid customer support.

BHM is customer-centric and works hard to meet our needs."

*Audrey Cantu, Case Management  
Gadsden Regional Medical*



### BH SOLUTIONS

**6 of the 10 largest health plans\***

trust BHM for behavioral health and medical peer reviews.

**BEHAVOIRAL  
HEALTH AND  
MEDICAL REVIEW EXPERTS**

Providing behavioral health and medical review services and performance improvement consulting to health plans, providers, ACOs, TPAs, workers' compensation and other insurers nationally.

With our services, BHM emphasizes value, quality, and affordable pricing. BHM assists clients reacting to healthcare regulation problems and those wanting to proactively improve operational efficiencies.

For more, meet with one of our experts.

Visit [bhmpc.com/contact-us](http://bhmpc.com/contact-us) or

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